Leadership Assemblies

On the 10th of March we held assemblies to recognise all of our student leaders for 2016. At each assembly level captains and other leaders spoke about their roles for the year. I was impressed by the students’ speeches and the confidence with which they spoke to students, parents and staff. Our College is in a very strong position with so many students who are willing to take on leadership roles.

The students receiving awards were:

**Year 7**
- Year Level Captains – Pranit Parashar, Hannah Visser
- Vice Captains – Bronte Martine, Bailey Sim
- 7A Bonnie Le Fevre – Sean Riddex
- 7B Jack McGregor – Hannah Visser
- 7C Noah Sourey – Sage Kirby
- 7D Cassie Ridout – Bill Morgan
- 7E Raela Wagstaff – Pranit Parashar
- 7F Bronte Martine – Cooper Walker
- 7G Courtney Brkin – Bailey Sim
- 7H Jada Chhien – Dylan Howick

**Year 8**
- Year Level Captains - Jayden Lyness and Cyarni Klimek
- 8A Nathan Keilar – Chloe Shelly Dalton
- 8B Andrew Clark – Madeleine Duncan
- 8C Jessica Kurth – Erin Langley
- 8D Samantha Mahoney – Max le Fevre
- 8E Flynn Isles – Kayla Papworth
- 8F Jett Paul – Cyarni Klimek
- 8G Peta Bottomley – Jayden Lyness
- 8H Nicholas Simpson – Oluwatosin (Gold) Jegede
Principal’s Report Continued......

**Year 9**
Katrina Issa  
Despoina Nianlakou

**Year 10**
Brent Chalmers, Max McLoughlin  
Mitchell Tamanika, Erin Chamley, Chelsea Ford

**Year 11**
Taylah De Bono  
Kaylah Wainwright

**VCAL**
Year 12 Captain: Ned Milligan  
Year 11 Captain: Micayla Hodges

**College Captains**
Captains: Oscar Aust, Emilia Goray  
Vice Captains: Floyd Wright, Jasmine Azemi

Performing Arts Captains

**Music Captains:** Kieren Martin, Diana Breen  
**Vice Captains:** Harrison Wain, Tom Lucas

**Senior Band Captains:** David Lawrie, Georgina Dryden  
**Vice Captains:** Taylah De Bono, Rebecca Schilling

**Section Leaders:** Ruby Talbot  
Jason Collins  
Angela Johnstone  
Georgina Newman

**Stage Band:** Brandon Corlett

**Strings:** Amber Curtis

**Choir Captain:** Brittany Manton

Sports Captains

**College Sport Captains:** Alysha Plant  
Brandon Lewis

**Vice Captains:**  
Sam Baillie  
Zak Barrett

**Intermediate Captains:** Nick Lelean  
Jaylen Mokaraka

**Vice Captains:**  
Keely Davenport  
Hugo Clarke

**Year 7 & 8 Captains:**  
Connor McFall  
Floyd Wright  
Ned Milligan

**Vice Captains:**  
Jack Bulstrode  
Caitlyn Green  
Vuna Ofahengaue  
Alexandra Mason
Principal’s Report Continued......

College Council Elections
The following parents were elected unopposed -
Terry Coates
Peter Ridgway
Carolyn Boakes
Julie Howick

They will join our other parent representatives on Council -
Susie Richardson
Jenny Overmars
Carina Johnstone
William Keilar

The staff members on Council are -
Lisa Cavey
Paul Robinson
Lyndal Ford
Carmel Huggard

Thank you to all members for volunteering to be on College Council which is the main governing body in the College.

Worlds Greatest Shave
Brandon Corlett and Kieren Martin both of Year 12 decided that they would take part in the Worlds Greatest Shave for the Leukaemia Foundation.

This was a mammoth undertaking considering both boys had pony tails, one of which was down to his waist.

I hope you have a safe and happy Easter.

Maree Vinocuroff
College Principal

This is a very important charity as everyday thirty four Australians will be given devastating news that they have Leukaemia, lymphoma or myeloma and will turn to the Leukaemia Foundation for help. Well done to Brandon and Kieren for their valued contribution.
Performing Arts News

HAIRSPRAY

Rehearsals are officially underway for PRSC 2016 production of HAIRSPRAY. We have been astonished with the amount of talent at the college, which obviously made the audition process a difficult one. After four days of auditions, the production team finalised the cast list and it was posted for all to see, with over 130 students participating in the production.

The cast rehearse every Monday after school and most leads also rehearsing Wednesday, Thursday and Friday lunchtimes. On Thursday 21st, Friday 22nd and Saturday 23rd of July the curtains will finally opened on this spectacular production, showcasing the talents, energy and enthusiasm of our spirited cast.

The production aspects for this show will be financed solely from donations and fundraising events. We have already sold cans of drinks and lollies at our annual Swimming Sports day and the Year 7 Parent BBQ. To help assist fundraising for the show, we are asking each member to sell a book of 10 raffle tickets worth $20 in total. First prize is a $15,000 holiday and a staff member from the college won this amazing prize two years ago. If you or someone you know could assist with fundraising, promotion, costuming etc. please contact Mrs Witteveen.

A friendly reminder that we will be having a school holiday rehearsal on Monday 4th April (9:30-2:30). This rehearsal schedule will be handed out during our all day rehearsal on Wednesday 23rd of March.

Also on Monday 2nd May we will be hosting a Movie Night to watch the movie Hairspray in our new state-of-the-art Performing Arts Centre. Rehearsals will finish at 5:00pm and the film will begin at 5:30pm until 8pm. For more information or to book tickets please go to our Performing Arts website (link below) and you will find it under the Events tab.

To stay up-to-date with the latest Hairspray news, visit our production website:
www.prscperformingarts.weebly.com

Keep up the great work!
Singfest 2016

Singfest is an annual event that sees choirs from schools across the South Eastern Region meet, learn and perform choral music under the leadership of a guest conductor. 2016 saw Patterson River Secondary College lucky enough to host the event. 19 Patterson River students from years 7 through to 12 joined around 200 students from 10 different secondary schools in our brand new Performing Arts Centre to perform and record a variety of choral music that was all composed and arranged by the guest conductor Dr Kathleen McGuire. Dr McGuire was assisted over the course of the day by accompanist Yollette Stewart.

The day ran very smoothly with students very happy to go out of their way to meet and help students from other schools. Students also had the opportunity to improve their musicality, intonation and sight reading abilities at the same time as being exposed to new repertoire and learn from other teachers and experts. In particular, having the guest conductor this year also be the composer / arranger of the music performed, gave students a new insight into the music they were learning and performing.

Some notes on the guest conductor:
Dr Kathleen McGuire

Kathleen’s career as a conductor, composer and educator spans more than three decades and five countries. She has earned multiple degrees including the Doctor of Musical Arts from the University of Colorado at Boulder. Her notable achievements have been acknowledged in numerous awards and accolades. With a passion for education and coming from a family of teachers, throughout her career McGuire has taught music and conducted ensembles in schools and universities. She earned a Graduate Diploma in Music Education from Monash University and, from the University of Colorado, the Preparing Future Faculty Certificate and the Graduate Teacher Certificate. She is currently the Co-Artistic Director of the School of Hard Knocks and the residential Director of Music at Queen’s College - The University of Melbourne where she tutors and mentors undergraduate and postgraduate students.
Australian Defence Force Expo

On Friday 4th March 33 students from Year 10-12 visited the Royal Exhibition Building to learn more about careers available in the Australian Defence Force. As you can see from the photos they had a great time.
Appropriate attitudes towards alcohol

Did you know that parents have the greatest influence on their children attitudes about alcohol?

As children get older they are also influenced by their friends, the media and what they see on TV and in movies.

For children to develop a healthy attitude towards alcohol it is important to have positive role models.

As a parent, your child will challenge you about your own drinking so it is important to lead by positive example.

Here are some helpful ideas to promote appropriate attitudes towards alcohol:

• Limit the amount of alcohol you consume and encourage non-alcoholic family events
• Be honest with your kids. Talk to them about the importance of drinking alcohol moderately
• Never be afraid to answer their questions. It is a teenager’s desire to be treated like an adult which means discussing alcohol at home
• As a parent it is important to discuss the issue with your children and agree on rules and boundaries when it comes to alcohol

DrinkWise has created this simple 5 point plan for parents (DELAY):

D discuss the issue
E educate by example
L listen and engage
A a good relationship
Y your expectations

More information can be found at www.drinkwise.org.au
Student Success

Siobhan Lowther 7F - National BMX Championships

Siobhan represented Victoria at the recent Australian National BMX Championships in Bathurst NSW. Siobhan raced for Victoria in two individual classes.

David, Siobhan’s Dad reported,” It was a hectic week as well as being fairly exhausted from racing nearly every day in 37+ temp, she has some minor injuries to her elbows and leg from some crashes. On the bright side she is now officially ranked number 10 on her 20” bike and number 8 on her 24” for her age in Australia. She made it to the finals in the states competition where she came 7th. It was a tremendous effort and we are all very proud of her.”

Great work Siobhan and look forward to some more great stories from the track!

If your son or daughter have been excelling at a sporting, cultural or similar event then please let us know as we would love to promote the great things that our students are up to.

John McLoughlin

Costguard Fun Run

A huge congratulations to our PRSC team of 25 strong that ran on Sunday 21st Feb. It was a fantastic morning and staff and students should be very proud of their efforts.

PRSC had great success with Mr Clark taking first prize in the 6km event in 20.23min. Under 16 Podium winners Griffin McClelland 1st 23.31, Branden Strahan 2nd 24.59 and Lachlan Stenning 20.43.

We were also presented with awards for the team event. Thanks again to all involved.
Sport Report

Year 7 Girls Volleyball – 21/3/16
Both Patterson River Teams A and B had a great day competing at Frankston High School against other schools in our district playing Volleyball.

The girls in the A team had mixed results and everyone gave their best in all games, winning 2 games against EMC and McClelland and losing 1. Great serving by Courtney, Ebony and Raela held us in good stead to build on our development. Wonderful returns by Kobie also helped us gain these positive results. We then head into our semi final against Frankston B of which they lost.

The B team also had mixed results winning 1 against Frankston C and losing 2. The girls serving improved tremendously over the course of the tournament which lead to longer rallies. Star, Deena and Maddison we were standout with their excellent serving and returns.

A great day was had by all the girls and it was particularly pleasing to see that all the girls were encouraging of each other and displayed wonderful sportsmanship with the other schools.

Year 7 Boys Volleyball
The Yr7 Boys Volleyball team travelled to Monash Uni to participate in the Interschool competition on March the 21st. The boys had not played or trained in Sports Ed as they had commitments in other areas and their lack of experience showed in their first match against EMC1, which they lost 10-20, 21-23. The more they played, the better they played. The second match was against the eventual winners in Frankston High School and PRSC took them to a third and deciding set which they just lost 12-15. They were again very good against EMC1, losing two highly competitive sets 17-20, 14-20.

The team consisted of, Zac Rowell, Mayen Dobuol, Billie Dorrity, Vedansh Methan, Flynn Hedley, Lachie Pert and Joey Jackson. Great effort boys. With a little training, you can bring home the pennant in 2017.
Sport Report Cont....

Intermediate Boys Baseball Friday March 4th

After 5 training sessions a small but dedicated 9 took the diamond at Frankston Baseball Field to take on Frankston HS. With the withdrawal of 3 schools the game against FHS was now a full 7 innings or two hour timed game. That is a lot of baseball in one game, especially for those new to the sport.

We “won” the toss and took the diamond as the home team. It is always good to be batting last leaving destiny in your own hands. Dion took the bump and James Airey behind the dish as catcher. Both tough spots to play but they did well. Couple of walks and some good hits from FHS and they retired on the 9 batter rule with one out and 8 runs. As a team we were well disciplined. Pick your pitch to hit. Don’t strike yourself out. Run the bases aggressively to force the errors. Have fun.

James, Chris, Seth and Zac all did their bit to get a runner in a scoring position. Zac got a base hit and Chris crossed the plate to score a run. Bottom of the 1st – 8-1 FHS. FHS continued their form but a great out at first base and a come-backer to Dion on the mound who took a catch that would make any MLB highlight reel. We grafted one more run with some aggressive base running and after 2 innings were 14-2 down.

Despite the score line the signs continued to be good out there. Lots of talk and support for the pitcher and the infield did their part by knocking the ball down and keeping ground balls to singles. A great fly ball by Seth resulted in a double play...... Not one you would see anywhere else again! Seth took the catch, the runner left first for second, Seth tried to “hose” the runner crossing home plate, Sam then threw back to first to get the runner who had to go back to first on the fly ball rule!! Probably the biggest time difference between the first out and the second I have ever seen but it was great to see them playing the game as it should be played. FHS scored 6 runs.

Facing a new pitcher the guys were now so much more comfortable in the batting box. Patience in picking pitches to hit and some solid hits from James, Zac, Sam, Mateo and Chris. Some aggressive base running from Dion, Seth, Caleb and Mitch saw us score 6 runs. Bottom of the 3rd innings FHS 20 – PRSC 10. Zac took the bump for the last innings and Sam continued his hard work as catcher. Zac did a great job striking out 3 batters but they scored 6.

As a teacher and as a parent who coaches junior baseball you can ask your players to follow the game plan and look after the little things. Back at the top of the batting order every player took to the batting box knowing what to leave and what to swing at. FHS had “retired” a couple of their gun pitchers and once the team got the bats going may of regretted that a little. Hits from James, Chris, Seth, Zac, and Sam. Scored us two. Some great base running from them all. Runner batted in from Mitch and Caleb registering his 3rd “Hit By Pitch” count for the day got on first base. A walk to first and Zac walked home from 3rd. Not on a force..... took everyone by surprise but scored the run. Mateo got a hit and Dion batted with patience to work the walk to be the 9th batter and his run scored. 7 run innings to PRSC.

After 2 hours and four complete innings FHS won 26-17. They are big numbers in any game of baseball.

Thanks must go to FHS Coach Brett, for resting their best pitchers in the last couple of innings and kudos to our guys who learnt a lot about the game on the day to go after the relieving pitchers who took the mound. They supported each other all day and were a credit to themselves, the school and the game of baseball. Well done.

Mr McLoughlin
Year 7 Camp

Our Year level Orientation Camp was to Philip Island and we stayed at CYC in Cowes.

While we were at the camp we had the opportunity to challenge ourselves on a variety of actives including the giant swing, rock climbing, abseiling wall, swimming pool, trampoline, archery, flying fox, truffle making, and badge making.

The first day we went to the beach and swam and played beach games before the iron man was held.

Congratulations to the winners of the iron woman competition Kim 7E 1st, Hannah 7B 2nd and Emily 7G 3rd and for the boys ironman race Ben 7E 1st, Kane 7H 2nd, Dillon 7H 3rd. That night we went on a night walk along the esplanade of Philip Island and finished the day relaxing in front of a movie.

The next day we went to the beach again and that’s where the tug of war and beach flags competitions were held.

Congratulations to the winners of beach flags Ben from 7E and Shelby in 7H. Then we had famous tug of war competition and the final was between 7C and 7G! Congratulations to 7C for getting into the final and for wearing their war paint, but the eventual winners were 7G, so congratulations to them. Mr Andriessen is very proud!

The year 7’s of 2016 had a fantastic camp and we all made new friends. It was a great opportunity to get to know other students from the other form groups as well as our teachers. We wish it would’ve lasted longer!

By Courtney Brkin and Noah Souery
Headspace

You might have seen or heard commercials on the TV and radio for Headspace, but what exactly is ‘Headspace’? Headspace is the “National Youth Mental Health Foundation, providing early intervention mental health services to 12-25 year olds”. Over the past few years eighty Headspace centres have opened across Australia, including ones in Frankston and Dandenong.

Headspace centres not only offer support to young people for mental health issues, but also for general health, sexual health, drug and alcohol, and work and study. All services are free or low cost, confidential and delivered in a youth-friendly setting by professional health workers. These include General Practitioners, nurses, psychologists, social workers, psychiatrists, youth workers, alcohol and other drug workers, and vocational workers.

As a parent it can be quite confusing and difficult to work out if a young person’s behaviour, such as moodiness and irritability, is normal or a sign of an emerging mental health problem. The link below has useful information for parents and carers about this:


For more information or to make an appointment you can contact one of the local Headspace centres:

Headspace Frankston
62 Playne St, Frankston   Ph: 9769 6419
Email: headspace@headspacefrankston.org.au   Web: http://headspace.org.au/headspace-centres/frankston/
Hours: Monday to Friday 9am – 5pm (except Wednesday open later to 7pm)

Headspace Dandenong
196 Lonsdale St, Dandenong
Ph: 1800 367 968
Hours: Tuesday to Friday 11am - 7pm, Saturday 10am – 2:30pm, Closed Sunday and Monday

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